

Scribbled Truths about

Thankfulness



Hi everyone, welcome to this edition of Scribbled Truths looking at thankfulness.

Grandad

My grandad, who has dementia (losing his memory and forgets things) and Covid -19, had a fall and broke his hip. He was rushed by ambulance to hospital. They operated on him and fortunately it went well, and now he has recovered from Covid-19 as well. As we are all in isolation due to the coronavirus, my family and I could not visit him in hospital. This made me feel sad and I miss my grandad. I began to think of all the fun times I had shared with him like our birthdays, family celebrations and him staying at Christmas. These memories helped me to feel happier and also to be thankful for my grandad. Right now, the only thing I can do is write a get well card and draw him a picture. I also prayed to God to keep him safe and that he would get better soon.



A story from the Bible

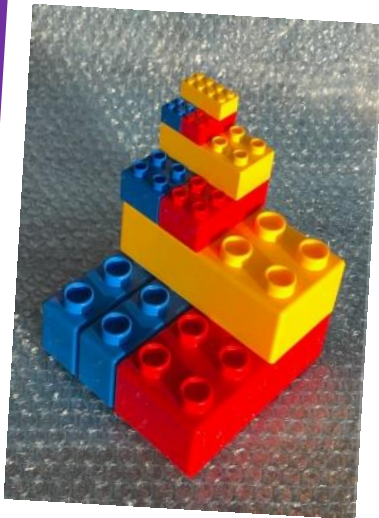
Jesus was on his way to Jerusalem. Traveling from Galilee to Samaria, he came into a small town. Ten men met him there. These men did not come close to Jesus, because they all had a harmful skin disease. But they called to him, "Jesus! Master! Please help us!" When Jesus saw the men, he said, "Go and show yourselves to the priests." While the ten men were going, they were healed. When one of them saw that he was healed, he went back to Jesus. He praised God in a loud voice. Then he bowed down at Jesus' feet and thanked him. (This man was a Samaritan.) Jesus asked, "Ten men were healed; where are the other nine? Is this Samaritan the only one who came back to thank God?" Then Jesus said to him, "Stand up and go on your way. You were healed because you believed."

(From chapter 17 of the book of Luke in the Bible)

Just like the lepers, who forgot to come back to say thank you to Jesus, we sometimes can take people in our lives for granted and forget to say thank you. Saying thank you is important and helps our friends and families to know that we value them. It is also important for us to notice and be reminded of the good things that happen to us. Sometimes we can focus on the negative and bad situations and forget about all the positive and good things. Let's remember to say thank you and remain grateful for all we have.

Questions

What disease did lepers suffer from?
What is leprosy? *
How might Jesus have felt when only one person said thank you?
Is there anyone you would like to thank today?



Thankfulness activities

Build a thankful tower using Duplo, Lego or Jenga blocks. Each time you add a block to your tower, think of someone or something you are grateful for.

You could also play a game with others. Sit in a circle and everyone gets given a number of blocks. As each has their turn, they say 'Thank you for....' and then add their block to the tower. See how tall you can make your tower.

Recreate the Bible story using Duplo, Lego or play dough. Take some photos of it.



Thankfulness crafts

You will need a box, jar or notebook. Then decorate one of those items as you wish. Once you have finished decorating, either draw or write something you are thankful for in your book or on a piece of paper. Think about one thing you are thankful for, at least once a week. During times you feel sad, angry or disappointed, look or read through your thankful thoughts, to remind yourself of all the happy memories in your life.



Express your thanks by drawing a picture or writing someone a card.



*Leprosy is a disease of the skin and nerves. It can damage the body and change its normal appearance. Since ancient times it has frightened people. Lepers used to be separated from the rest of society and live in places called 'leper colonies'. The good news is that it is now a curable disease.