







## the dining room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with
Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk
Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts
White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves
Porridge	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge
Sausages	Bacon	Sausages	Bacon	Sausages	Sausages	Bacon
(V) Quorn Sausages	(V) Vegetable Sausages	(V) Quorn Sausages	(V) Vegetable Sausages	(V) Quorn Sausages	(V) Quorn Sausages	(V) Vegetable Sausages
Scrambled Egg	Hash Browns	Baked Beans	Omelette	Hash Browns	Scrambled Egg	Hash Browns
Mushrooms	Spaghetti In Tomato Sauce	Mushrooms	Baked Beans	Baked Beans	Mushrooms	Spaghetti in Tomato Sauce
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads
Pizza with Choice of Meat or Vegetarian Toppings Fries	Jacket Potatoes or Rice Choice of Meat or Vegetarian Dish	Wrap with Meat or Vegetarian Fillings Tortilla Chips and Salsa	Pasta served with Garlic Bread Choice of Meat or Vegetarian Dish	Meat or Vegetarian Burger with Choice of Relishes Chips	Jacket Potatoes or Rice Choice of Meat or Vegetarian Dish	Hot Dog (Meat or Vegetarian) Nachos with Salsa, Cheese and Jalapenos
Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day	Homemade Soup of the Day
Chicken and Vegetable Tikka with Naan Bread Fish Fingers (V) Sundried Tomato & Mozarella Tart Chips and Rice Peas & Baked Beans  Seasonal Fresh Fruit & Salad Bar Doughnuts Hot & Cold Drinks	Meatballs in Tomato Sauce Cottage Pie with Gravy (V) Creamy Vegetable Kiev New Potatoes or Pasta Broccoli & Sweetcorn  Seasonal Fresh Fruit & Salad Bar Carrot Cake Hot & Cold Drinks	Beef Lasagne Oven-Baked Chicken Nuggets (V) Lentil and Vegetable Lasagne Chips Green Beans & Carrots  Seasonal Fresh Fruit & Salad Bar Angel Delight Hot & Cold Drinks	Chicken Kiev Chilli con Carne (V) Quorn & Vegetable Chow Mein Noodles Rice or New Potatoes Cauliflower & Sweetcorn  Seasonal Fresh Fruit & Salad Bar Ice Cream Hot & Cold Drinks	Battered Fish Fillet with Lemon & Tartare Sauce Chicken and Vegetable Curry with Naan Bread (V) Four Cheese Ravioli in Tomato Sauce Chips or Rice Mixed Vegetables & Mushy Peas  Seasonal Fresh Fruit & Salad Bar Chocolate Crispy Hot & Cold Drinks	Oven-Baked Chicken Chunks with Sweet and Sour sauce Glazed Pork Loin (V) Mexican Bean and Vegetable Enchiladas Potato Wedges and Rice Cauliflower & Broccoli  Seasonal Fresh Fruit & Salad Bar Apple & Summer Fruits Crumble Hot & Cold Drinks	Roast Dinner with Yorkshire Pudding & Gravy (V) Fresh and Sundried Tomato, Basil and Mozarella Pasta Roast Potatoes Seasonal Vegetables  Seasonal Fresh Fruit & Salad Bar Choc Ice Hot & Cold Drinks









## thedining room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with	Choice of 3 Cereals with
Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk	Semi-Skimmed Milk
Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts	Assorted Yoghurts
White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves	White & Brown Toast with Preserves
Porridge	Porridge	Porridge	Porridge	Porridge	Porridge	Porridge
Sausages (V) Quorn Sausages Omelette	Bacon (V) Vegetable Sausages Mushrooms	Sausages (V) Quorn Sausages Hash Browns	Bacon (V) Vegetable Sausages Scrambled Eggs Baked Beans	Sausages (V) Quorn Sausages Hash Browns Mushrooms	Sausages (V) Quorn Sausages Omelette Baked Beans	Bacon (V) Vegetable Sausages Hash Browns
Baked Beans Seasonal Fresh Fruit	Spaghetti in Tomato Sauce Seasonal Fresh Fruit	Tomatoes Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Spaghetti in Tomato Sauce Seasonal Fresh Fruit
Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks	Hot & Cold Drinks
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads	Homemade Soup of the Day Choice of Breads
Pizza with Choice of Meat or Vegetarian Toppings Fries Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Jacket Potatoes or Rice Choice of Meat & Vegetarian Dishes  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Fish Fingers or Vegetarian Sausage Rolls Served with Chips and Baked Beans  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Baguettes or Wraps served with Fillings & Crisps Choice of Meat & Vegetarian Fillings  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Meat or Vegetarian Burger served with a Choice of Relishes Chips  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Pasta served with Garlic Bread Choice of Meat & Vegetarian Sauces Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks	Hot Dog (Meat or Vegetarian) Nachos with Salsa, Cheese and Jalapenos  Seasonal Fresh Fruit & Salad Bar Hot & Cold Drinks
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
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Homemade Soup of the Day  Sausages with Red Onion Gravy Chicken and Vegetable Thai Curry (V) Glamorgan Sausages Mashed Potatoes or Rice Peas & Carrots  Seasonal Fresh Fruit & Salad Bar Doughnuts Hot & Cold Drinks	Beef Lasagne Oven-Baked Chicken Nuggets (V) Creamy Vegetable Kiev Chips & Garlic Bread Green Beans & Sweetcorn  Seasonal Fresh Fruit & Salad Bar Lemon Cake Hot & Cold Drinks	Chicken and Vegetable Curry with Naan Bread Meatballs in Tomato Sauce (V) Ricotta and Spinach Cannelloni New Potatoes or Rice Peas & Broccoli  Seasonal Fresh Fruit & Salad Bar	Beef Bolognese Glazed Gammon (V) Stuffed Pepper with Root Vegetable, Quinoa and Feta Pasta and New Potatoes Cauliflower & Carrots  Seasonal Fresh Fruit & Salad Bar Chocolate Crispy	Battered Fish Fillet with Lemon & Tartare Sauce Chicken & Vegetable Pie (V) Chickpea and Vegetable Curry with Naan Bread Chips or Rice Mixed Vegetables & Mushy Peas Seasonal Fresh Fruit & Salad Bar Angel Delight	Oven-Baked Chicken Chunks with Sweet and Sour Sauce Beef Stroganoff (V) Vegetable Wellington Potato Wedges or Rice Cauliflower & Broccoli  Seasonal Fresh Fruit & Salad Bar Syrup Sponge with Custard Hot & Cold Drinks	Homemade Soup of the Day  Roast Dinner with Yorkshire Pudding & Gravy (V) Macaroni Cheese Roast Potatoes Seasonal Vegetables  Seasonal Fresh Fruit & Salad Bar Choc Ice Hot & Cold Drinks