

COVID-19 Guidance for Parents/Carers in Bedford Borough Education Settings

From 1st Nov 2021

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a young person please follow the flow chart below.

SUSPECTED case if child/young person has COVID-19 symptoms

Key symptoms:

- A new continuous cough and/or high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia).

Additional symptoms that may be early warning signs of COVID-19 in children include upset stomach, headache, sore throat, unusual fatigue.

Book a **PCR test** as soon as possible online via the website www.nhs.uk/coronavirus.

Alternatively a PCR test can be ordered by phone on **NHS 119** for those without the internet.

Ensure child/young person isolates at home **until test result**

Who else needs to isolate?

The rest of the household **does not** need to isolate if they are :

- Under 18 and 6 months *and/or*
- Double vaccinated *and/or*
- Part of a COVID Vaccine trial *and/or*
- Can not have a COVID vaccine for medical reasons (as confirmed by a medical professional).

If none of the above apply then the household contacts **must** isolate **until test result**.

Result of test

(notify setting as soon as possible).

NEGATIVE

POSITIVE

Young person can return to setting once well. Any household contacts can stop isolating.

CONFIRMED case(s) following a Positive PCR Test

Inform the setting of positive PCR. Young person must self-isolate for 10 days. **ALL household contacts of a positive case should follow Government guidance and book a PCR test*.**

The rest of the household **does not** need to isolate if they are:

- Under 18 and 6 months *and/or*
- Double vaccinated *and/or*
- Part of a COVID Vaccine trial *and/or*
- Can not have a COVID vaccine for medical reasons (as confirmed by a medical professional).

If none of the above apply then the household contacts **must** isolate for **10 days**.

Young people in Year 3 and above who are a household contact of a positive case are strongly encouraged to take a daily lateral flow device test (LFD) for 7 days and should only attend school or college if their lateral flow test is negative*.

Ensure young person isolates at home for **10 days**, along with any members of their household who are **over 18 yrs & 6 months and have not had 2x COVID vaccines**.

For **symptomatic** cases the day the symptoms began is DAY ZERO.

You need to add 10 further days after DAY ZERO.

For **asymptomatic** cases the date of the test is DAY ZERO.

You need to add 10 further days after DAY ZERO.

Isolation ends the day after day 10 – the young person can return to the setting, if well, and any eligible household members can stop isolating.

If the young person still has a fever, diarrhoea or are being sick, they should continue to isolate until 48hrs after symptoms – as per usual sickness protocol.

If anyone else in the household becomes unwell and tests positive for Covid-19 they will need to restart/start their 10 day isolation. The rest of the family who have been isolating, do not need to extend their isolations after completing the 10 days.

CONFIRMED case(s) following a Positive LFD Test

Positive LFD Result

Inform setting of result Take a PCR test **WITHIN 2 DAYS** of positive LFD - Online at www.nhs.uk/coronavirus or 119.

Young person and eligible close contacts must self-isolate whilst waiting for the result.

Negative PCR Result

Young person and eligible close contacts can stop isolation and can return to the setting. Restart twice weekly LFD home testing in secondary aged pupils.

- Mask should be worn by young people in Year 7 and above (Year 5 and above in Middle Schools) in all communal areas outside the classroom, and on school and public transport.
- *If you have recently (within 90 days) had a positive PCR test for COVID-19 you are exempt from testing by both PCR and LFD within 90 days of a positive PCR test result, unless you develop new symptoms.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms and should **not** be used if you have any symptoms.
- If you have had a COVID-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.