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cater	link		Αι	utumn Menu	2021		Plant Power
feeding the in	TOWNSON AND ADDRESS OF TAXABLE PARTY.				The August A Carlo		🔷 Vegan
and the second		Monday	Tuesday	Wednesday	Thursday	Friday	Wholemeal
Week One 6 th Sept, 27 th Sept, 18 th Oct, 15 th Nov, 6 th Dec, 10 th Jan, 31 st Jan	Option 1	Macaroni Cheese	Beef Burger with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers/ Salmon Fish Fingers with Chips and Tomato Sauce	Available Daily:
	Option 2	Vegetable Wraps with 50/50 Rice	Devil's Kitchen Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato Pasta with Garlic Bread	Cheese & Potato Tart with Chips	- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
	Vegetables	Green Beans	Sweetcorn	Carrotts	Mixed Vegetables	Baked Beans	
	Dessert	Vanilla Shortbread	Marble Cake	Flapjack	Vanilla Sponge	Oaty Cookie	
							- Bread
Week Two 13 th Sept, 4 th Oct, 1 st Nov, 22 nd Nov, 13 th Dec, 17 TH Jan, 7 th Feb	Option 1	Cheese and Tomato Pizza with New Potatoes	Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Sweet & Sour Chicken with 50/50 Rice	MSC Breaded Fish with Chips and Tomato Sauce	freshly baked on site daily - Daily salad selection
	Option 2	Vegetable Stew with Couscous	Vegetable Curry with Rice	Roasted Quorn with Roast Potatoes and Gravy	Mexican Bean Roll with Roasted New Potatoes	Quorn Burger in a bun with chips	
	Vegetables	Garden Peas	Green Beans	Carrots	Broccoli	Baked Beans	ALLERGY INFORMATION: If your child has
	Dessert	Chocolate Shortbread	Lemon Cake	Ginger Biscuit	Peach Upside Down Cake	Apple Flapjack	an allergy or intolerance please ask a member of the
Distance of the second	1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 - 1999 -	A CONTRACTOR					catering team for information.
Week Three 20 th Sept, 11 th Oct, 8 th Nov, 29 th Nov, 3 rd Jan, 24 th Jan, 14 th	Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Wedges	Roast Bacon Loin with Roast Potatoes and Gravy	Chicken & Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce	If your child has a school lunch and has a food allergy or
	Option 2	Devil's Kitchen Meatballs in Tomato Sauce with Rice	Vegetarian Lasagne	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake	BBQ Quorn with Chips	intolerance you will be asked to complete a form to ensure
	Vegetables	Sweetcorn	Garden Peas	Carrot	Green Beans	Baked Beans	we have the necessary information to cater for your
	Dessert	Shortbread	Chocolate Sponge	Cheese & Biscuits	Carrot Cake	Pinwheel Cookie	child.

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